



## The Dignity Project

*Guiding the Way*

Promoting awareness and understanding of dignity  
through education, communication and spirit.

### Navigating Chaos 5

#### Reality

**Trust is 15 X stronger than fear.** Fear clings to the past, while trust is based in patterns.

**Heart energy is 22 X stronger than mind energy.** Heart resonates to the entirety while mind operates singularly.

**Action taken from our central core is 44 X stronger than action taken from fear and survival impulses.** Central core 'instructions' are connected to the Field, while fear and survival impulses arise to protect our existence or identity.

**A feeling of belonging to Life is 88 X stronger than a thought of alienation.**

Belonging to Life inspires generosity, while alienation develops self-interest.

**The Intelligence of a being is 67 to the 92nd power stronger than the collected ideas of a culture or governing system.** The Intelligence of a being is developed within an original imprint, while a culture or governing body is developed as an expression of identified traits, which can be considered life-enhancing or life-diminishing and are based on a limited view and understanding of Life.

